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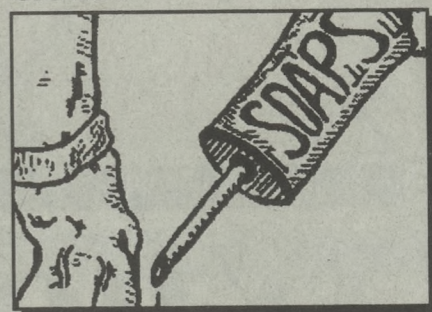
LOS ANGELES VALLEY COLLEGE

HOMECOMING



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OPINION



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Volume 50, Issue 19

Friday, October 17, 1997

CAMPUS SCENE

MONARCH STADIUM

Homecoming game. Pierce vs Valley. 7p.m. Oct. 18. Homecoming festivities will be held at half-time.

PLANETARIUM

"The Wanders" planetarium show presented by Collen Gino. The show will be presented at 8p.m. Oct. 17. Tickets are sold at the door. ASU members get a discount with proof ASU membership.

MATH SCIENCE BUILDING

Earth Science Lecture series presents "Hawaii: America's Land of Living Volcanoes" Oct. 21 12p.m.

CAMPUS CENTER

The Sociology Department is sponsoring a debate. "Resolved: Separation of Church and State is Necessary to Maintain American Ideals" Oct. 20. 7p.m. - 9 p.m.

MONARCH SQUARE

Hillel invites students to their annual Sukkot celebration in the Sukkah. Oct. 22, 11a.m. - 1p.m.

For Your Information

❖ The Broadcasting Department will be broadcasting a show on TCI cable channel 15 on Oct. 17 at 8p.m.

POLICE WATCH

October 8

Clothes were stolen from a car in lot G.

October 9

Students' backpacks were stolen from storage shelves in the bookstore.

October 12

A suspicious vehicle was observed cruising through all campus parking lots.

October 13

Clothes were stolen from a car in lot E. Students are advised not to leave their backpacks on the shelves inside the bookstore entrance because the shelves are located in an unsecured area. If you leave your book bag there, don't leave any valuables in it.

Provided by Campus Police

Valley College Steps Into the Future

By DEEANNE McCLAIN
STAR REPORTER

David Horowitz leaned into his microphone and with a clipped, excited tone answered the question.

"Learn to write well," He said. "Stand and be counted."

The students furiously took notes.

College journalism and highschool students traded questions for an hour and they weren't even in the same room.

It was a video conference where Valley College students and high school students from around Southern California were able to ask questions to a panel of professional journalists who were at KCET.

Among the speakers were consumer expert and reporter David Horowitz, KFI News Editor Aliah Git and KCET Vice President of News and Public Affairs, Val Zavala.

The panelists offered practical advice to fledgling journalists and other schools questioned Valley College students during the second conference.

"I thought it was inspiring for the high school students," Andrea Bruce, film/television major said, "And I felt it gave us a great insight on what it is like presently in the industry through amazing technology that we will deal with on a day to day basis."

Face to Face: Careers 2000 will be a series of video conferences between

KCET Los Angeles and schools who have the technology and sign up for the video-conference.

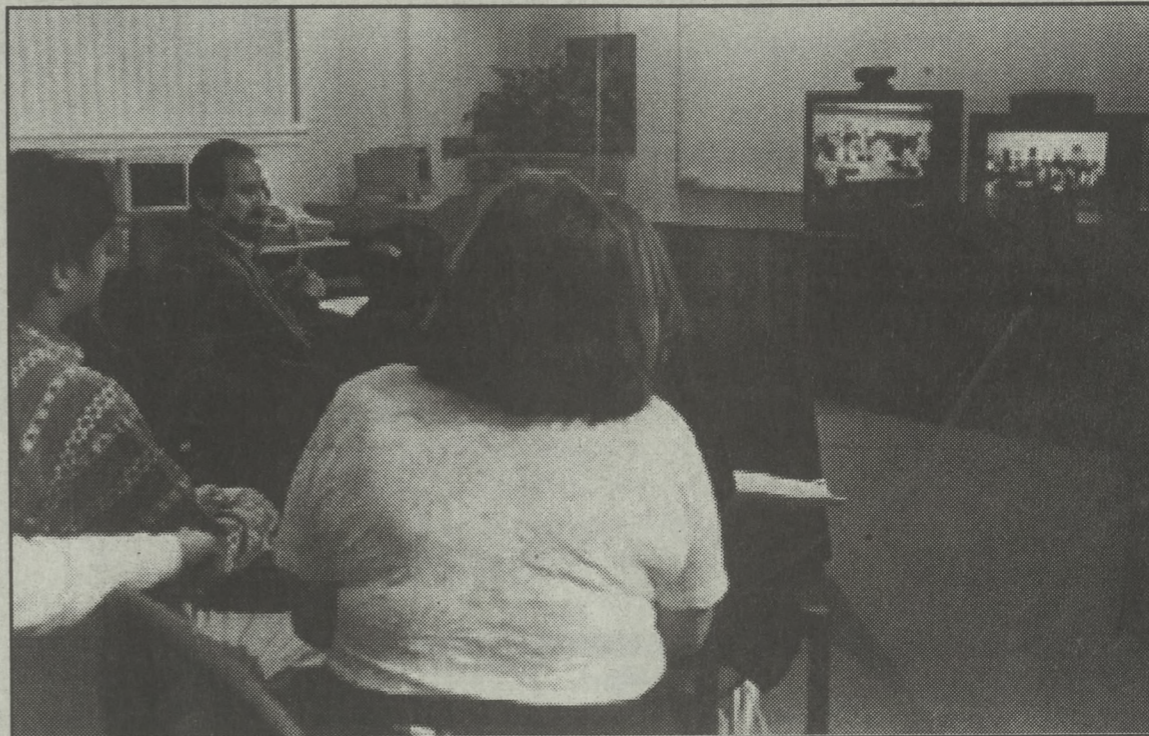
"This technology is really like the invention of the wheel," said Lou Albert, director of staff development.

This technology is located in the Professional Media Resource Center. The center, which is in the south end of the library building, was designed to provide opportunities for advanced learning and for assisting administration and staff in becoming comfortable with using new and emerging technologies.

"Faculty and staff could tune in and take a active role, even as a listener," Albert said. "The criticism has been that money is spent on technology that never gets used. Not if they participate."

Albert added that there will be video-conference courses and Internet access for students in the near future. He said that student internet access will start in the Business Journalism building and expand from there.

PMRC funding came from TCI Cablevision, staff development funds and program 100 funds from the regular college budget, as well as passing the cup around and relocating other funds.



Maria Ivey/Valley Star

Valley College students participate in a video conference at the Professional Media Resource Center.

Albert said the industry and business community could become partners in supporting the PMRC through utilization of the facilities in the future.

Broadcasting instructor Alan Sacks said the plan is to teach the class in the PMRC and connect with other schools like Belmont High School along with a couple of other sites.

"We can be the site for industry videoconferences in the future," Sacks said, "This is the future, if you're not going to be part

of this, it will pass you by like if you never used a computer."

Pacific Bell's Education First Initiative and KCET are joint sponsors of the video-conference series.

Additional sessions will include "Careers in Science" on Oct. 29, "Careers in Advertising" on Nov. 5, and "Careers in Sports" on Nov. 25. Morning sessions will be from 10:30 a.m. to 11:30 a.m. and afternoon sessions will be from 1:30 p.m. to 2:30 p.m.

ASU Scholars Honored

By NANCY BARAHONA
STAR REPORTER

Five Valley College students received \$200 scholarships from the Associated Student Union on Oct. 7.

The winners received their scholarships during the ASU executive council meeting. They and their scores are: President of the Scholastic Honors Society Stefano E. Bloch, 99; Celeste Burrola, 94; Limor Isaaks, 88; Chouchanik Airapetian, 87; and Jessica Jean Dollarhide, 82.

"It was great," Bloch said. "Not only the money was great but the boost in confidence of my writing was even greater."

To qualify students had to be enrolled at Valley College, with a cumulative grade point average of 3.3 or higher and be a paid ASU member.

"The scholarships were to promote doing your best in school and to strive to achieve," said Commissioner of Evening Division Alison Scallorns. "And to the people who are doing well to reap the

rewards to their effort."

The students were required to submit a one page essay describing why they thought they were the best candidate for the ASU scholarship. Students also needed to include in the essay a financial need for the scholarship.

Burrola wrote in her essay, "My spouse is employed but his income is not great enough to cover my books, supplies, and tuition in conjunction with my medical supplies. Since my condition is so fragile at this time we both felt the greater need was for my medical supplies."

Eleven essays were submitted. However, three students didn't qualify because of their GPA.

"This is kind of disturbing since there are over 16,000 students," said Scallorns.

Scallorns said the essays were judged by the ASU secretary and three people from student services. Scoring for the scholarship was based on a 100-point scale. The essay consisted of 40 points and was graded according to grammar,

punctuation and context. Thirty points were earned depending on the student's financial need. And 30 points were also given according to GPA. For example a student with a GPA of 4.0 would receive the full 30 points.

"With no possessions but the clothes on my back, I made my way to school each day with hope of a better future.... I have now been at Valley College for three semesters and maintained a 4.0 GPA in mostly honors classes. I will graduate in the spring of 1998 with Summa Cum Laude honors and transfer to the U.C. system as a T. A. P. student. I



Kathy Lustig/Valley Star

Associate Student Union scholarship winners, from left to right, Stefano Bloch, Jessica Dollarhide, Chouchanik Airapetian, and Celeste Burrola.

also swim for the Monarchs, tutor statistics, volunteer in the Biology lab, and I am currently the President of the scholastic honors society," wrote Bloch.

"I would like to say special thanks to my teachers who taught me, like Mariam Heyn, William Wallis, Ms. Jennings, Ms. Calder, and Mrs. Delahoussaye.

Students will have an opportunity for a book grant from the ASU in Spring '98.

Fen-Phen: Weighing the Dangers

■ **Health:** Students wonder if the implications of heart problems worth the risk of losing a few pounds.

By CARMEN PINTO
STAR REPORTER

Three Valley College students were trying to lose weight the day they chose to take the medication combination fenfluramine and phentermine, also known as fen-phen.

According to an essay from Dr. Piotr Hitzig, fen-phen is a drug combination which was approved two decades ago as short-term diet aids for the obese. Recently, a four-year study of 121 obese people indicated that the fen-phen combination would succeed where diets alone failed. This is why doctors began combining the drugs in the first place.

Student LaShon Hodge said a co-worker referred her to a specific doctor for the sole purpose of obtaining the fen-phen diet pill.

"I was taking the pill for about one year on and off, not consistently," Hodge said.

In addition to certain recommended foods and exercises, she lost a total of 15 pounds. Since her last pill two months ago, she has gained five pounds.

Hodge said she felt side effects. "Yeah, I experienced sleepless nights, mood swings, some headaches; you know, typical side effects," she said. "But my dosage was very small. I stopped taking them because some tests studies showed women who had taken

"Almost everyone I worked with, at some point, was taking the pill."
Kerry Murphy

fen-phen experienced some cardiovascular problems." Valley College student Kerry Murphy was introduced to fen-phen through a co-worker as well.

"Almost everyone I worked with, at some point, was taking the pill," he said. More than a year ago, he lost 30 pounds and has since regained only one pound. This is thanks to his low-fat, balanced diet which includes very little meat, he said.

Murphy explained that the fen-phen pill stopped his urge to want to eat. While on fen-phen, he ate one meal a day and walked about four times per week.

Political Science major Veronica Garcia lost approximately 20 pounds and says all the weight has remained off. Garcia said she moderately exercises and follows a balanced diet. Like Hodge and Murphy, one of Garcia's co-workers recommended fen-phen.

Hodge said the Mayo Clinic revealed that a total of 35 women who had taken fen-phen had developed an unusual and serious heart-valve defects.

Although this has caused some panic, it is unlikely that fen-phen will be banned in the near future. These three individuals are not alone. According to Hitzig's essay, "Not since the amphetamine craze of the 1970s have diet pills swept the country like fen-phen."

Patients received 18 million new prescriptions and refills last year, according to IMS America, the company that tracks drug sales.

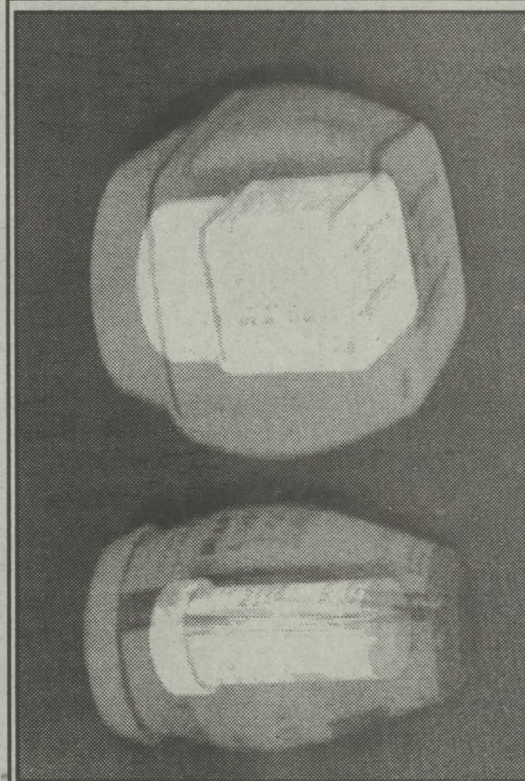


photo illustration by Kathy Lustig/Valley Star

The Food and Drug Administration has recalled one element that makes up the diet pill combination fen-phen.

OPINION

Who Asked U About More Politically Correct Mascots?

BY LEO SMITH
STAR REPORTER



I would make a great mascot... if it weren't for the fact that everyone wants to kick my ass.

It might give the competition too much of an edge.

Well anyway, I am revisiting the painful subject of the loss of a San Fernando Valley landmark: Birmingham High's Joe Brave.

Yes it is true, a group of Indians have declared a jihad on poor old Joe, claiming he is an affront to the native peoples of America.

It really hurts me to see my

native American cousins believing they are being mocked with this effigy of Chief Pontiac.

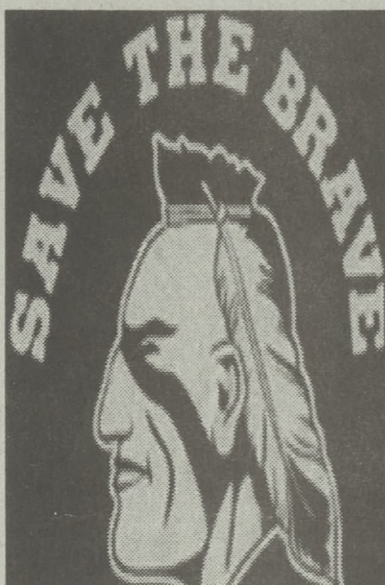
Still, I see some basis for criticism, but just a little.

To the best of my knowledge, there are not that many schools whose mascot is an unnamed historical figure yet remains.

For example, George Washington and Thomas Jefferson, wildly popular mascots, are always referred to by their proper names.

However, should a school use old George's puss for a mascot and then call themselves the "Revolutionaries," there might be some room for controversy. Not much, but some.

Why not call the Braves the "Pontiacs."



Now you are asking yourself, "surely the basis for the complaints made by these indignant Indians must have some logical, empirical merit, not unlike like

the one mentioned by the handsome writer/genius of this article."

Unfortunately for the Indians, they don't.

Truth is, the arguments I've heard have loopholes even a Court TV viewer could spot.

Point: The use of the "Brave" as a mascot implies a vicious and warlike nature among all Native Americans.

Counterpoint: Medieval Christian Crusaders, though vicious and warlike, are not indicative of the overwhelming majority of Christians. Indian Braves were vicious and warlike, there's no shame in that.

Point: Mascots are chosen because of their intimidation value, thus dehumanizing Native

Americans.

Counterpoint: Anyone who knows the Polytechnic Parrot (or has seen them play) realize mascots aren't chosen for their inherent potential for intimidation.

A mascot's first duty is to embody school spirit, a very noble obligation, especially for an Indian chief.

Point: The selection of the "Brave" as Birmingham's mascot was an insidious, racist ploy meant to keep the red man down.

Counterpoint: three full-blooded Native American men sat on the committee that unanimously elected Chief Pontiac (a.k.a. Joe Brave) as the representative for the school.

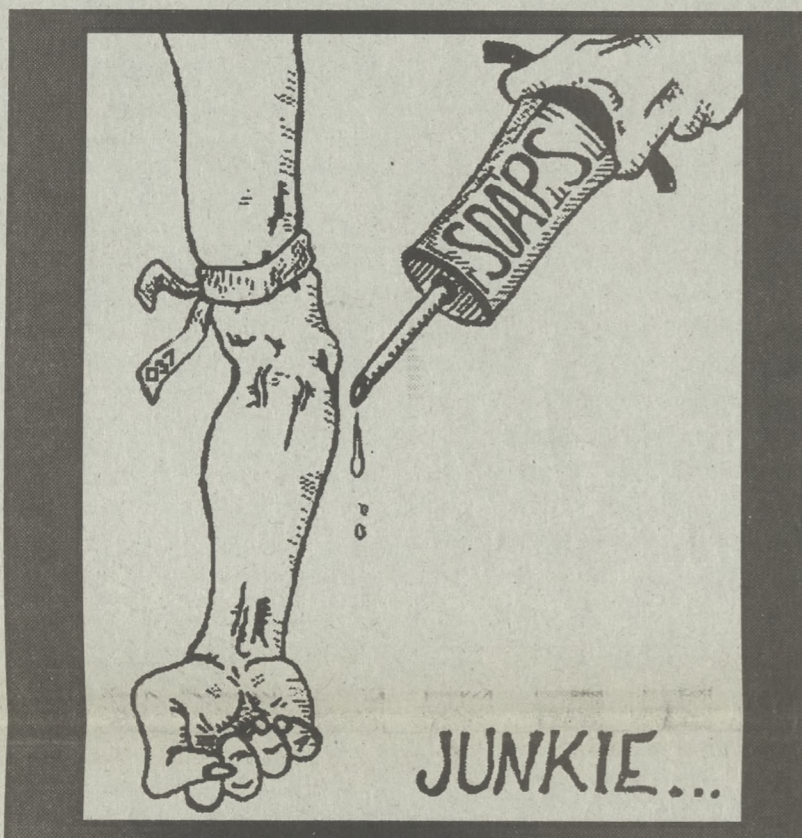
Still, regardless of their indefensible position, they have inexplicably won the battle.

This situation is due to an unprecedented atmosphere of guilt in this country that certain members of government think they can positively affect.

Whether it is apologizing for slavery or granting a ludicrous request to trash a mascot, it is plain that the inept cowards in power wish to avoid any turbulence and thus bow to the bizarre ransoms of zealots to better this end.

Well, it isn't the marginal activists they are going to have to fear anymore, but the majority of the voting public.

Next Week: Landmines



The Truth Hurts: Are You Addicted To Soaps?

DEEANNE McCLAIN
STAR REPORTER



What if you were a psychiatrist who met and married a cop, had three kids, got kidnapped and taken away from your family for several years, lost your memory, got reunited with your family only to find out three years later that your husband was really someone else, got your real husband back, had an affair with

your other husband and then got possessed by a demon?

Sound ridiculous? Well, not if you were the character Dr. Marlena Evans-Brady on NBC's "Days of Our Lives." This is a ridiculous plot line, but millions of people, mostly women, spend hours every day following this kind of malarkey for years on end. Why? What is so appealing about these shows and what keeps these otherwise intelligent people tuned in? An addiction?

Yes, fine Americans every-

where are hooked to their sets every day between 11 a.m. and 3 p.m. waiting to see what will happen to their favorite character. Romance novels are almost as bad, encouraging millions of readers to buy books with the same ridiculous plot lines.

It's true that it takes a skillful writer to keep viewers coming back for more, but the plot quality is pathetic. In some soaps, characters have died and come back as many as three times! What are these people, cats? How about depicting a slightly more realistic lifestyle, where people do real things?

I have always wondered, where are these people's children while they are galavanting around, having affairs and playing private detective? How can a woman who apparently has no job afford a full-time nanny? How come children age six years in just one season while the other characters do not? Why don't the protagonists consider their children when making decisions that will affect their lives? Do the shows writers think all moms run all over the country looking for bad guys?

Those who don't watch soap operas may not believe the plots are that ridiculous. Well, just take a look at this: "On All My Children," a clever Gillian notes to Dimitri that providing Gloria with a baby to raise is one way of making sure she'll stick around. "Another World's," Rachel finds evidence that proves Carl is having an affair,

but he isn't.

Knowing that she'll get her \$50 million trust fund if she can find someone to father her child, Carly flirts with David and learns that he's single and rich on "As The World Turns." On "Bold and Beautiful," Taylor postpones her wedding to Thorne and considers telling ridge the truth.

"General Hospital's," Carly concocts an elaborate scheme to convince A.J. the baby she's carrying isn't his. On "Guiding Light," a clueless J unwittingly identifies the stalkers earring as his mom's.

After Carlotta finds Jacara in a bathing suit at Hank's getaway cabin, Jacara leaves and then Hank and Carlotta make love on "One Life To Live."

Then "Sunset Beach's," Cole discovers that his girlfriend's mother's unborn baby could be his. Finally, on Young and Restless, Victoria returns home to find her husband, Cole, in a liplock with Ashley.

These are actually pretty tame. Wait until sweeps week. I assure you that several people will either die or be brought back from the dead. So what is all this for? Does it entertain? Does it fulfill? Are women really that desperate for something romantic and exciting? Is this what they think is romantic and exciting? Well, fellas, if your girlfriend is watching a lot of soap operas or reading a lot of romance novels, all I can say is that you'd better get busy.

Do You Think Soap Operas Are Addicting?



Luis Vasquez/Valley Star

"They are addicting! You can learn from it, though. Kids can watch and know they're not real. I saw them when I was little and I always knew they were fake."

Brenda Alas



Luis Vasquez/Valley Star

"When I was little, I thought, 'Man this is stupid, why do they watch this?' Now I get involved in the story. They leave me hanging every Friday."

Orma Gutierrez



Luis Vasquez/Valley Star

"They're addicting but fun. They're bad for society because everybody gets this misty-eyed view of reality."

Cathleen Dally



Luis Vasquez/Valley Star

"Yeh, they're addicting but in a good way. They keep you entertained and take your worries away for a while."

Fannie Garcia



Luis Vasquez/Valley Star

"It makes you think of your problems even more, but you can relate to what they're going through."

Marisol Rodriguez

Everyone Has an Opinion, Why Force Yours?

BY KIM BARNES
SPECIAL TO THE STAR

One thing all human beings have in common is we all have opinions.



They may not all be the same, but we all possess them and love to express them.

Fortunately, we live in a coun-

try that allows us the freedom to express our opinions in almost anyway possible.

Unfortunately, some of us use that freedom to hurt or cause damage to others. In expressing our opinions, we must learn to speak responsibly and become well-informed on the topic of which we are speaking.

As intelligent members of modern society, we should also remember not everyone will agree with our opinion.

That does not make you more right or wrong. It just means that someone else has a different opinion.

This brings me to the point of using one's opinion to cause hurt or grief to someone else.

How many times have you head of someone being accused of being immoral, a communist, a bigot, or some other derogatory term, simply because their opinion differed from their accuser's?

This is wrong. We are all individuals and have the right to individual opinions. If you don't agree with it, so be it.

There are others that won't agree with your opinion. However, I don't think you would take kindly to being called names because of your opinion.

We should remember that the ability to have and express an opinion is a valuable freedom to be cherished.

We should learn not to abuse it because these abuses can cause irreparable damages. Too many times, without thinking, someone can ruin a person's career, family or life by spouting false accusations against someone whose opinions you may disagree with.

Keeping this in mind, I suggest we all keep an open mind when voicing our own and listening to the opinions of others.

Oh yeh, this editorial is just this reporter's opinion.

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For Your Information

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Campus Cliques: Unity or Separation?

Segregation was abolished from schools in 1954, yet it still exists in various forms on campuses. Daily, a significant number of students gather into social enclaves that nurture segregation. These enclaves are cliques.

Everyday in the halls, along the corridors and even in classrooms students gather into small social groups to "catch-up on the latest." In other words, students break up into groups to gossip!

Here is the scenario. In the corridor between the Foreign Language and Humanities Buildings, approximately 50 students are present. On one corner, the Black students are laughing and high-fiving one another. Five feet away, Latino students are engaging in the same behavior but in Spanish. Across the corridor in the same area, Armenian students are engrossed in conversation in Armenian. A few feet away from these students are another group of students speaking yet another language. Get the picture?

This scenario does not seem unusual. For many it

may not be a problem. Then, there are those of us who wonder about the implications of social segregation.

Some students say they socialize with their own kind because it is expected of them.

"We always get together between classes but it ain't a white thang or a black thang, it just the way we are," a Black student at Valley said. "We are comfortable in our groups."

These groups subscribe to stereotypes about themselves. Students who conform to cliques because of comfort are compounding the problem. Goodwill and education are not sufficient to subvert the power of stereotypes.

Is self imposed separatism caused by peer pressure?

The answer consistently given by students is that they are more comfortable with others of the same ethnic background.

"I try to speak with other students because I like meeting people but I don't speak fluent English,"

an Armenian said.

An integral part of any culture is its language. If students don't speak the same language, the lines of communication are closed. Unfortunately this barrier exists.

Do students want to learn about other cultures or are they willing to continue to gather in cliques?

The cliques on campus are largely based on ethnicity. For the most part, students will always socialize with their friends. How will we ever grow to understand one another if we are not willing to cross the racial barriers which exist?

Cliques are an important part of college campuses. However, there are barriers caused by separating into groups based on race. This is a subtle form of racism.

Students' choices are an essential part of everyday life. Sometimes these choices are shaped in part by social structures that set standards and influence conduct outside of school.

If we continue to separate ourselves based on

nationality, then we feed into the misunderstandings which fester into hatred.

College is a place of learning and experiencing cultural differences. Too many times students separate themselves because of fear.

We are all adults and should find conversing quite simple but we allow certain barriers to get in the way.

There is one profound obstacle to overcome if we are to move in the direction of growth: biases.

Unspoken biases exist between people because of nationality and culture. These biases will continue to grow, creating separation until we decide to change them.

Changing biases means changing secular values in ways that will inevitably confront and transform those barriers. This task is not impossible but it does involve examining what we as people are about.

Dare to be different. Say hi to a stranger.

Liar, Liar... Pants on Fire!

By STEVE BELAND
STAR REPORTER

Have you lied to anyone today? If you have, you're not alone. If you haven't, it's very likely that someone you know has.

Think about it. People lie at the drop of a hat for absolutely no reason. There are human beings on this Earth who spend more time fabricating falsehoods than they do speaking the truth.

What kind of lies do people tell? All kinds. They range from the spectacular to the ludicrous, from lying about how many previous sexual partners they've had, to lying about their real hair color. Lying about previous (or current) sexual partners is a serious matter. Lying about one's true hair color probably falls into the "white lie" category.

Why do people lie? Because sometimes the truth hurts. Sometimes it's easier to lie than to face up to the truth. Facing up to the truth means accepting a part of yourself that you'd rather not have anything to do with.

Facing up to the truth means looking into the mirror and not necessarily liking the image that looks back.

If you dislike that image, you can either admit your wrongdoing and get on with your life or continue living in a world of denial. People living in perpetual denial are called habitual liars. As the name implies, habitual liars will lie just to lie.

Human beings are the only species capable of this behavior. No other species is smart enough (or dumb enough, depending on your perspective)

bed with another woman. Despite being caught in the act, he denies any role in the affair. Instead of attempting to save the marriage by admitting responsibility for his actions, he'd rather continue believing that he's fooling his wife. In reality, he's only fooling himself.

Unfortunately, although both men and women are guilty of such conduct, it is far more common among men. Journalist Helen Rowland once wrote, "Telling lies is a fault in a boy, an art in a lover, an

about the ethnicity of Jews in their homes. Had the sympathizers been truthful, their Jewish friends would have faced certain death in concentration camps. Under such circumstances, lying would seem to be an acceptable option.

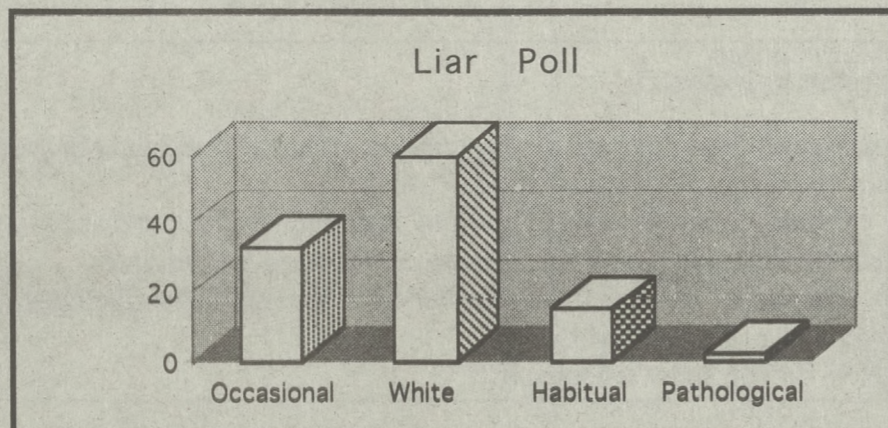
However, lies are very seldom told for such noble reasons. People have usually done something they regret but they don't regret it enough to tell someone about it.

Others are afraid or unwilling to reveal their true feelings to a loved one. Is it really that difficult to tell someone how we really feel? Can't we trust our loved ones to accept us for who we are, faults and all?

Let's face it. Sometimes the truth hurts. I'd rather be hurt by someone telling me the truth than by someone trying to deceive me. Wouldn't you?

"Lord, Lord, how this world is given to lying," wrote William Shakespeare in *"Henry IV, Part I."*

Truer words were never spoken.



accomplishment in a bachelor, and second-nature in a married man."

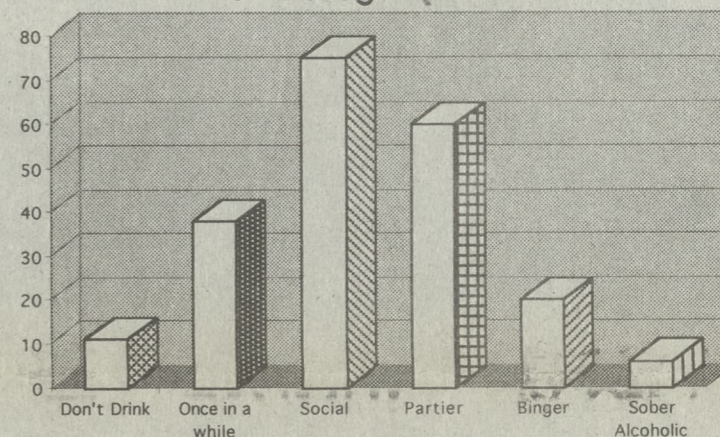
Rarely do lies serve a purpose. One notable exception occurred during World War II, when gentile sympathizers under Nazi interrogation lied

and interests. They saw a video tape of each other and were eager to meet. I recently went to their wedding and I couldn't believe how perfectly "matched" they were.

I have often joked to those waiting to meet the right person to be patient - that falling in love is a lot like getting malaria. You don't plan on getting it - it will just get you!

Lawrence Stone

Drinking Habits of College Students



Beer Bonging-101

By LEO SMITH
STAR REPORTER

■ **Alcohol: College students' drinking still going strong as they enjoy the lush life.**

School has always been about the "3 R's." Once you get to college, you can add a fourth to that group; Retching.

Heavy drinking is down throughout the country, except for in those bastions of inebriation, our nation's colleges and universities.

Drinking and studying are synonymous at these institutions and you won't find many students who have a problem with that.

This should come as no surprise to anyone who has attended an institution of higher learning.

According to the National Institute on Alcohol Abuse and Alcoholism (NIAAA), 40 percent of college students admit to "binge drinking" at least once every two weeks.

Binge drinking, as defined by NIAAA, is the consumption of at least five alcoholic beverages at one sitting. Some alumni might consider that merely an appetizer.

NIAAA also reports that 70 percent of college students drink at least once a month. A mere four percent drink on a daily basis. The report failed to state whether these beverages were stouts or porters, which we all know could easily be substituted for a meal.

These figures sharply contrast national findings that state the general public is drinking less than they have in 30 years. High school students and non-college bound

kids are also drinking less.

In light of this evidence, the reason for the continuity of college students' binge drinking is clear. Students are activists by nature and don't want to see the proud liquor industry crumble from lack of demand. God bless those caring kids.

So what do these findings really mean? Some might take them as a sign to crack down on students' freedom in order to save them from themselves.

For God's sake, four students died in the last year from alcohol-related causes. But how many died from food poisoning? Car accidents? Auto-erotic asphyxiation?

No, intervention is no solution, nor is a solution necessary. Pragmatists should take this report in stride. College is about exploration and experimentation, with a healthy dash of Darwinism.

Students push their mental and physical limits to the maximum. Most find their threshold early and have the memory of waking in a pool of their own vomit to remind them.

There are those unlucky few who go too far, too fast or others who have simply forgotten the lesson of their trip to the "woozy jacuzzi," and die.

Well, just because a few poor souls per year prove the hard way they can't hold their liquor is no reason to punish the rest of the responsible drinkers.

Prohibition failed in the general public, and it doesn't stand a Twinkies chance in Roseanne's house of succeeding at colleges and universities.

So who's up for a toga-kegger?

What's Your Opinion?

The Valley Star would love to receive and, if possible, publish your letters. The Star reserves the right to condense all letters for space considerations.

Submitted letters should be limited to 250 words. Letters are subject to editing if they are obscene, libelous, or make racial, ethnic, religious, sexist or sexually oriented denigrations. Letters must be signed and include student's ID number.

Letters may be left with the Valley Star at BJ 114 by Friday morning for the following Thursday.

Also, look for our mailboxes attached to three of our yellow news stands, or send E-mail to Wordmker@aol.com.

Thank you for an excellent article in your September 25th issue. "Love: Why do we let it rule us?" by Julio Cortez. His article was an interesting overview of love that we could all relate to.

I might add that one successful method of finding your future loved one is to coningle with large groups of people, like at your house of worship, college and other large social functions.

Letters

Being remote in society won't help your love quest.

I was never convinced that computer-dating was a way to go, but a young friend of mine who was having a tough time finding the right girl tried computer dating out of curiosity. He was matched with a college graduate like himself, with the same religion

Homecoming Court '97

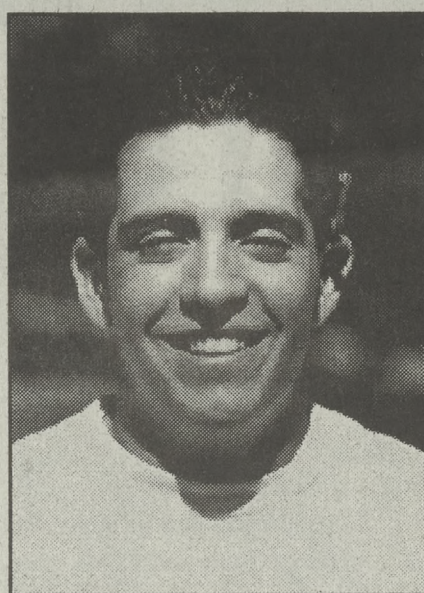


Who

Q. Why do you think you should be homecoming queen?

A. I hope to be able to represent the school, I feel I've earned it. I am not your typical student I would do a good job.

Limor S. Isaaks



Will

Q. What does winning mean to you?

A. Winning is achieving the ultimate goal in whatever you try. Whatever you set your mind to.

Mike Sommer



Be

Q. What does winning mean to you?

A. Winning is not as much fun as all the activities. Getting there is more important.

Kimberly Paige

Crowned

Q. Why do you want to be homecoming queen?

A. I'm proud of my school and people recognize you for being king or queen.

Jessica Dollarhide

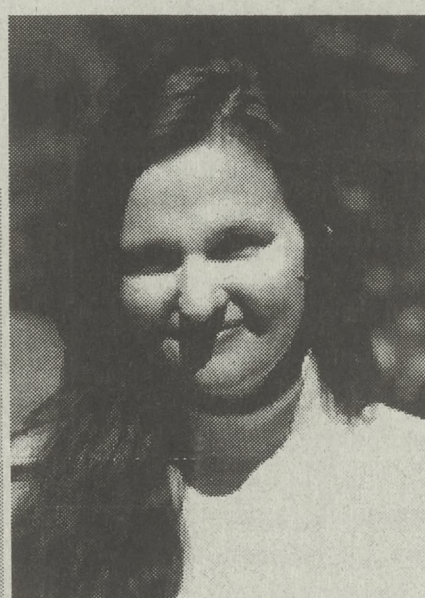


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Q. What would winning homecoming queen mean to you?

A. "It is a chance to get involved in school activities. It is about showing school spirit."

Barbara Seals



?

Q. What does becoming homecoming queen mean to you?

A. It is a lot of responsibility to represent the school the best you can.

Hasmik Adzhyan



PHOTOS BY CAROLA DANIELSSON

Homecoming Spirit Week

By NANCY BARAHONA
STAR REPORTER

Homecoming spirit week, "Island Paradise" began on Monday with an obstacle course, three-legged race, and a fun game of Twister.

Spirit week continued with a visit from KIIS FM on Tuesday, T-shirts, boxers, cups and stickers were given away.

A pep rally including Grant high school's marching band and drill team, Valley's Dance Troop and a speech from Coach Barlow was part of the celebration on Wednesday.

A carnival will be held at Monarch Square on Thursday from 11 a.m. to 7 p.m. "It's like a club day in support of

homecoming," said Jessica Dollarhide.

The ASU will serve lunch for the football team on Friday.

Homecoming day will be on Saturday and begin at 5:30 p.m. with a Tailgate Party at the stadium parking lot. The game will start at 7 p.m., during half-time floats will be displayed by various clubs. After the game there will be a party from 9:30 p.m. to 1 a.m. in Monarch Hall.

The candidates for homecoming king are Mike Sommer, Nick Pellegrini and Dwayne Landry. For queen: Jessica Dollarhide, Colleen Flynn, Hasmik Adzhyan, Limor Isaaks. The candidates for sophomore princess are: Barbara Seals and Valerie Stratland.



Carola Danielsson/Valley Star

Homecoming court nominees play a game of twister in Monarch Square on Monday. Additional activities were the three legged race and the obstacle course.

School Spirit

Photos Survey By Marcy Petrique

Marcy Petrique
SPECIAL TO THE STAR

Valley College has various sporting events and activities in which students can get involved and show school spirit.

Students can show school spirit by attending events, purchasing merchandise that has the college logo on it and by participating in the activities.

In a survey students were asked about school spirit. For the most part school spirit is a way of getting involved

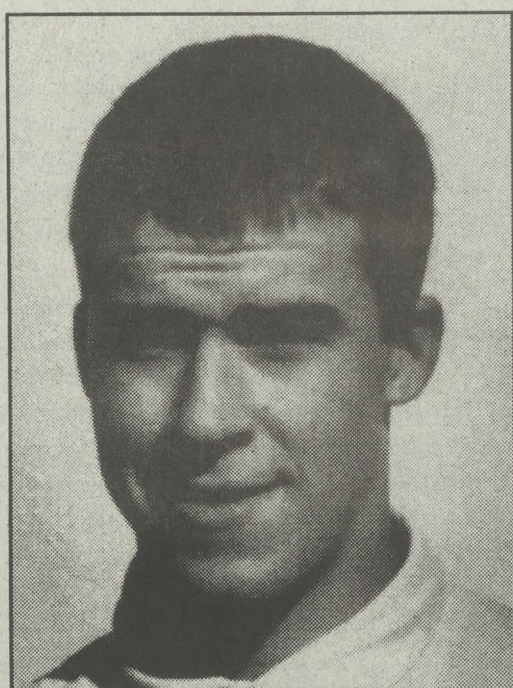
How do you show school spirit?



Q. Do you display any of LAVC's merchandise?

A. I'm not really here to be part of a social scene. I'm here to get an education.

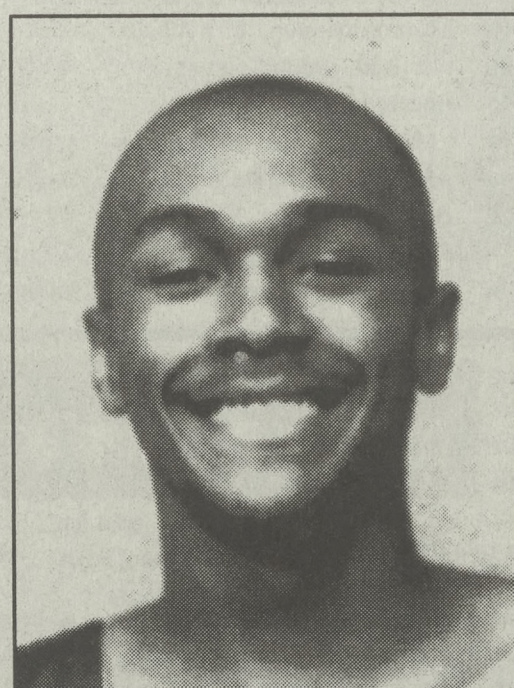
Teresa Mc Donald



Q. Do you go to any of LAVC's functions?

A. I have been to some of the free concerts at the music building.

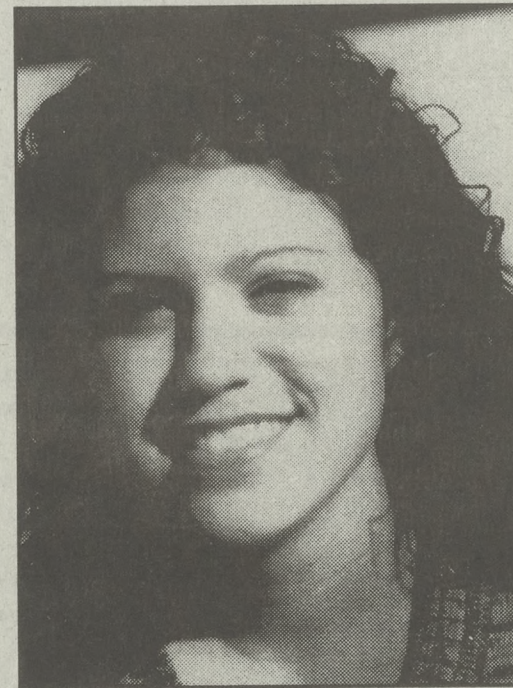
Sam Pinson



Q. Do you display any of LAVC's merchandise?

A. I'm a big supporter of the LAVC sportswear, such as t-shirts, shorts, hats, socks.

Marcus Hadley



Q. What do you think of wearing LAVC's merchandise?

A. It seems like at this school, there's not much spirit, so there's not much point in wearing it.

Kristin Shaw

Bedroom Wallpaper Made From Flyers

■ New hobby keeps partygoer's room clean. Teens love it, Moms approve it.

By JULIO CORTEZ
STAR REPORTER

The colorful and comical designs on flyers along with black-lights, lava lamps and glow-in-the-dark figures help partygoers decorate their bedrooms.

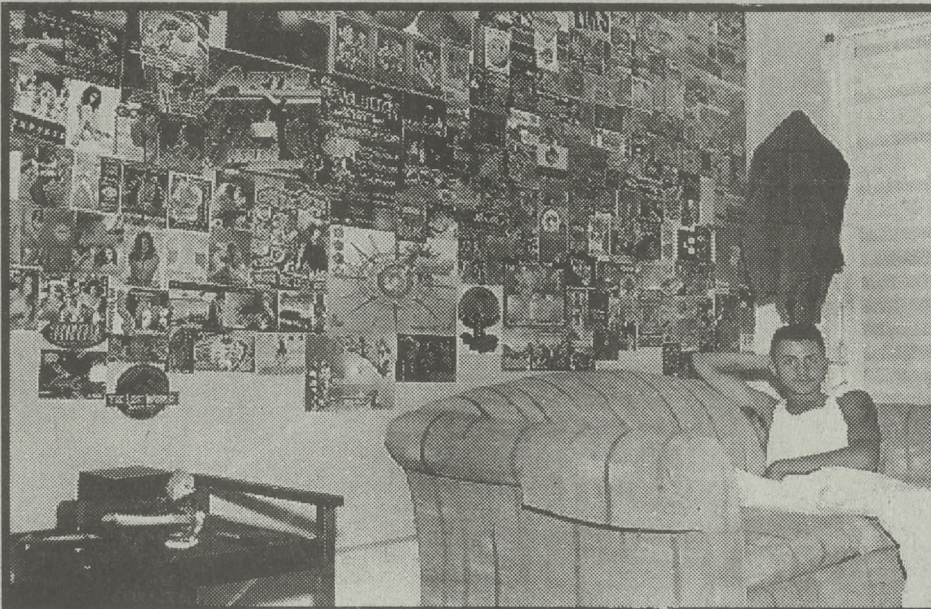
Flyers not only serve as an advertisement for the party, they are the main characters in the plot of the bedroom's story. They serve "flyer wallpaper" for the room.

To most partygoers there is a scene and a story of where and how they got the flyers and something that might have happened at the event.

Flyer collecting is a partygoer's hobby. They've revolutionized that hobby by displaying them on their walls.

The colors and graphics stand out when the flyers are illuminated by black-lights.

With deep-house music playing in the background, Oscar Gomez, Valley College partygoer, relaxes while he admires the exhibition of flyers he has compiled throughout what he calls his "partying career." Although his main bedroom wall is halfway covered with flyers, Gomez said that it's not only his hard work. He said he and a close friend have worked hard on the dis-



Oscar Gomez relaxes after long hours of partying while his artwork takes care of his bedroom look.

play.

Gomez spends most of his free time, which he finds to be limited because of school and work, in his room preparing it for guests.

The room, once his parent's garage, is compiled with the kicking back or relaxing essentials: a bed, closet, sofa, TV, stereo, and a phone.

As he looks around the room, he brags about how his newly acquired black-light brings out the posters, flyers and the ground, which is covered in dance-floor tiles.

"Collecting flyers and putting them up on my bedroom walls is something I like to do because it's the way for me to keep the party scene alive," Gomez said. "It's a lot of fun because its art and I'm staying out away from trouble."

A diverse complexion from club, party and rave flyers stand out on the walls.

Partygoers compare their walls as if they were athletes and their trophy cases.

Flyer wallpapering is an ongoing process, much like other hobbies including stamp, coin, doll and antique collecting.

Flyers, ranging in sizes from business cards to a regular sheet of paper, must cover an entire wall before the partygoer gives a sigh of relief. Covering a wall with flyers

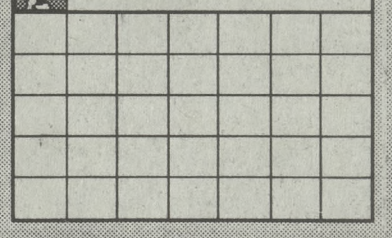
"Collecting flyers and putting them up on my bedroom walls is something I like to do because it's the way for me to keep the party scene alive."

-Oscar Gomez

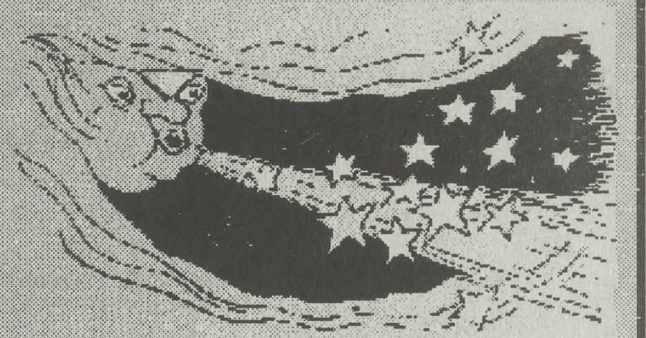


Maria Ivey/ Valley Star

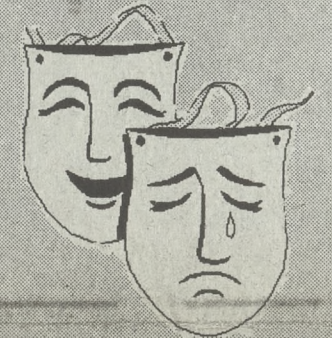
OCTOBER



Calendar



■ Join the Astronomy Club as they present their monthly planetarium show; "The Wanderers" Oct. 17 at 8 p.m. at the Valley College Planetarium. Tickets are available on a first come, first served basis the day of the event.



■ The Valley College Theater Arts Department presents "Lil' Red From Da' Hood," in the Horseshoe Theater Oct. 16 to Oct. 17 at 8 p.m. This show is rated "R," persons under 17 require the company of a parent or guardian. Admission is free.



■ The Valley College Music Department presents Kathleen McIntosh Adams and her harpsichord on Oct. 23 in the Music Recital Hall at 11 a.m.

ADMIT ONE

■ The Actors Alley at the El Portal in North Hollywood hosts "Breaking Legs," a comedy by Tom Dulack, directed by Jeremiah Morris. Show opens Oct. 17. For more information and reservations call (818)508-4200.

■ The Santa Monica Theatre Guild presents "Eastern Standard," Oct. 17 to Nov. 15. For more information call (310)828-7519.

Top Ten Most Famous Bites

■ Attitudes you can sink your teeth into

10. Adam & Eve and the famous apple.
9. Snow White and her poisoned apple.
8. Dracula and Hannibal Lechter (tie).
7. Ozzy Osbourne's bat-eating concert.
6. Night of The Living Death.
5. Jaws and Cujo (tie).
4. Tom Cruise and Brad Pitt in Interview With a Vampire.
3. The Marv Albert scandal and the Christian Slater scuffle (tie).
2. The Tyson Hollyfield fight.
1. Bite Me card game.

-StickWorld, makers of Bite Me card game.

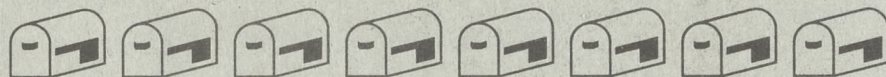


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Valley's Total Fitness Center

By JULIO CORTEZ
and REBEKAH FOWLER
STAR REPORTERS

The Valley College Fitness Center helps students develop physical endurance.

The Fitness Center, along with the weight room, offer exercise machinery for its students in Physical Education 630, 230 and 690.

According to Joanne Waddell, a physical education professor, students who are interested in building muscle mass usually join the weight training class. Those who want to increase their cardio respiratory endurance enroll in the P.E. 630 class, which works out in the fitness center and work with specialized machines.

There are two types of machines available in the fitness center, red circuits and blue circuits. The red circuit machines help students focus on the upper, middle and lower body muscles. The blue circuit machines help the antagonistic pairs of muscles such as biceps and triceps.

The fitness center is located in the north end of the Men's Gym, directly across from the swimming pool.

"I'm lazy," fitness student Denia Villalobos said. "This is a way to force you to work out."

The class hosts many Valley College students. According to Waddell, everyone from triathletes to cardio-rehab patients take part in the class. There is no age limit. The youngest student in the class is 16 and the oldest is 84.

"It's the best fitness deal in L.A.," Waddell said.

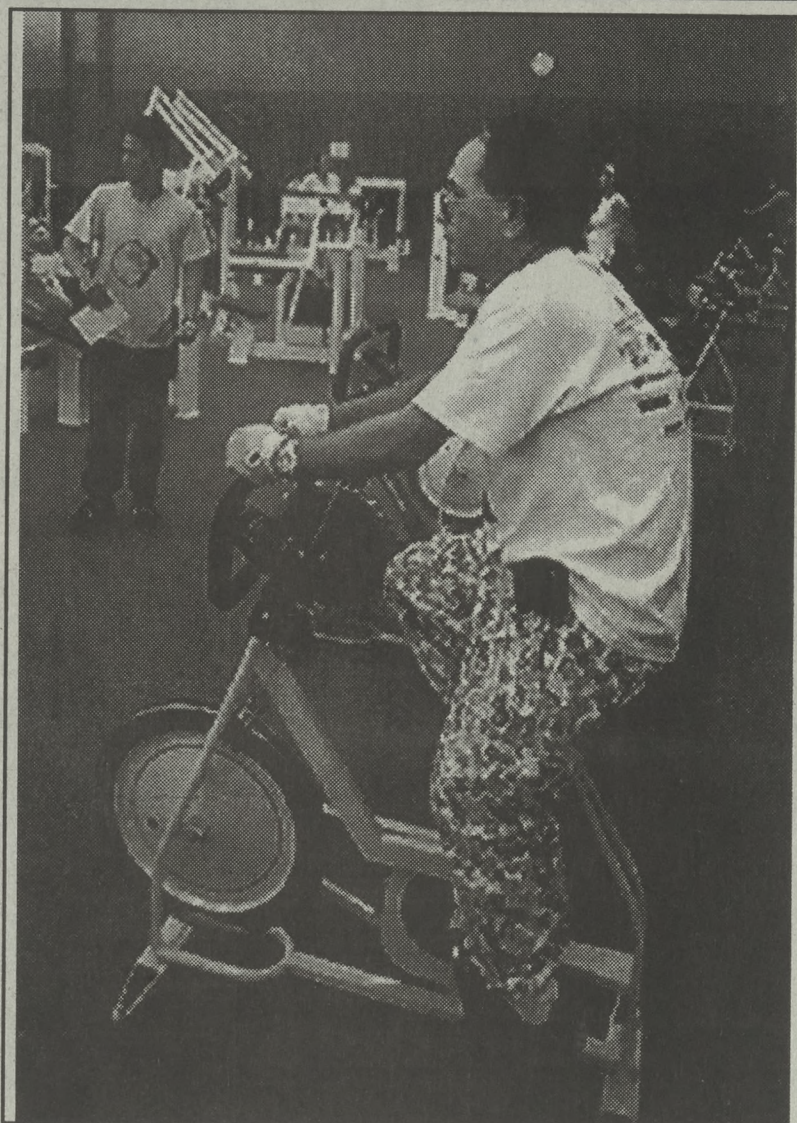
The class consists of 34 workout hours per semester. Teachers advise students to use the facilities at three times a week for at least an hour per visit. Although students get graded on the 34 total hours, there is no limit on how often or how long students may work out.

Waddell advises students who are interested in the class for the spring semester to sign up in the beginning of the semester.

During the first week of the semester, P.E. professors give an intense orientation about the class.

To enroll in the class, students must wait for the upcoming semester because the class is closed after the third week.

On Mondays and Wednesdays,



Steve Eisenberg works out in the Valley College Fitness Center. Zachary Wade/Valley Star

the fitness center is open from 6:30 a.m. to 1 p.m., and 4 p.m. to 8:30 p.m. The schedule for Tuesdays and Thursdays is: 6:30 a.m. to 1:30 p.m., and 4 p.m. to 8:30 p.m. On Fridays 6:30 a.m. to 1 p.m., and 4:30 p.m. to 7:30 p.m. On Saturdays from 8 a.m. to 11 a.m., and Sundays 9 a.m. to noon.

NOTE: In the October 9 issue of the Valley Star a statement said that the Monarch football team was 4-0 when in fact they were 2-1.

Homecoming Game to be a Battle of Rivals

■ The 3-1 Monarch football team faces off against the 0-4 Pierce College Brahmas in Saturday's Homecoming game.

By BEN ALTER
STAR REPORTER

Homecoming week is here and Valley College students are getting ready, but no students are more prepared than the Monarch football team.

The Monarchs will square off Saturday against cross-town rival Pierce College. The game is the last event of homecoming week.

The Monarchs come in to this game after defeating the Allen Hancock College Bulldogs, while the Brahmas come in after a 20-7 loss to L.A. Southwest College.

The Monarchs' win last week was a rematch of last year's No Fear Bowl. The Monarchs won both matchups against the

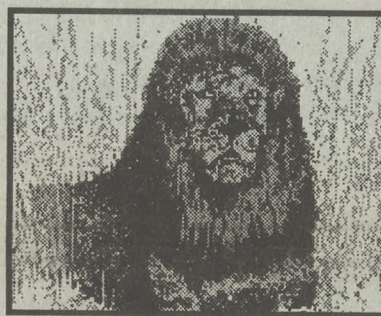
Bulldogs, with this one being decided by only one point.

Pierce College, despite having one of the top ranked quarterbacks in the Western States Conference, has lost its last 22 games.

Valley's defense has only allowed their opponents an average of 282.8 yards per game, while Pierce's offense has gained an average of 355.8 yards a game.

In last week's game, Brahma quarterback Dan McMullen threw for 239 yards, but five turnovers and 120 yards in penalties cancelled out his effort.

The homecoming game will be played Saturday at 7 p.m. and will be televised locally by TCI Cable on Channel 15.



OPINION

By BEN ALTER
STAR REPORTER

Since the beginning of homecoming history, something has changed that contradicts the term "homecoming." Can you guess what it is?

If you're still wondering, let me explain. When homecoming was first established many moons ago, it was meant to welcome a school football team back for the new season. It was also played as the first home game of the season.

Unfortunately, that is not the case anymore. Now the homecoming game is the second, third or even fourth home game of the season.

So how could fans be welcoming a team home when they've already been at home? Explain that to me.

Don't get me wrong. I understand why this has become the case, but I still don't agree with it. Or at least I think I understand it.

Let me tell you what I think the reason is. In order to have a proper homecoming game, there has to be fans, and in order to have fans, you need publicity.

There isn't usually enough time between the start of classes and the first home game for the fans to get excited, hence the reason for postponing the homecoming game to a little later.

That's what I believe the reason is, but like I said, I don't agree with it.

That's just a little something I had to get off my chest. So, everyone go out and enjoy the game.

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